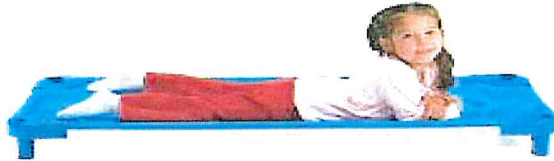


## Full Day Pre-K Rest Time



The full day pre-k class will have a rest time after lunch at around 12:00 p.m. We will have cots for each child, but you will need to provide a crib size sheet, blanket, and pillow or sleeping bag. Children do not have to sleep, but will have to rest. Children that don't sleep within 30 minutes of laying down will be given a quiet activity to do on their cot. All nap materials will need to be stored in an XL Ziplock bag that seals. We will be sending home nap bags every other Friday to be washed and returned. If they have a small stuffed animal or blanket that they want to bring they are welcome to. I would not recommend sending anything they can't "live without" at night in case it is left at school. We will do our best to always ask if it stays in the nap bag or goes in their bookbag.